

THE VOCAL PERFORMANCE QUESTIONNAIRE

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Name.....Date:

Tick or Circle an answer for each question

1. How do you think your voice sounds now (as compared to before your voice problems started)?

- (a) No different from usual voice
- (b) Only slightly different from usual voice
- (c) Quite different from usual voice
- (d) Very different from usual voice
- (e) Totally different from usual voice

2. Does your voice give you any physical discomfort when you talk?

- (a) No discomfort
- (b) Slight discomfort
- (c) Moderate discomfort
- (d) A lot of discomfort
- (e) Severe discomfort

3. Does your voice get worse as you talk?

- (a) Not at all – it stays the same
- (b) Occasionally when I talk
- (c) Often gets worse when I talk
- (d) Often gets a lot worse when I talk
- (e) Always gets a lot worse when I talk

4. Do you find it an effort to talk?

- (a) No effort at all
- (b) Slight effort sometimes (i.e. at the end of the day or when talking loudly etc.)
- (c) Quite an effort sometimes
- (d) An effort most of the time
- (e) A constant effort to talk

5. How much are you using your voice at present?

- (a) As much as I usually would
- (b) A little less than I usually would
- (c) Somewhat less than usual
- (d) A lot less than usual
- (e) Hardly at all

6. Does your voice problem stop you from doing anything that you would otherwise normally do?

- (a) Doesn't stop me doing anything that involves me using my voice
- (b) Stops me doing a few things that involve using my voice
- (c) Stops me doing a lot of things that involve using my voice
- (d) Stops me doing most things that involve using my voice
- (e) I can hardly do anything that involves me using my voice

7. In your opinion do you think that your voice is ever difficult to hear or understand?

- (a) Not at all
- (b) A little difficult
- (c) Quite difficult
- (d) Very difficult
- (e) Extremely difficult

8. Do OTHER people (eg. close family) ever comment that your voice is difficult to hear or understand?

- (a) No comments
- (b) Occasional comments
- (c) Quite often there are comments
- (d) Frequent comments
- (e) Very frequent comments

9. Since your voice problem started has your voice. . . ?

- (a) Improved a lot
- (b) Improved a little
- (c) Not improved at all
- (d) Deteriorated a little
- (e) Deteriorated a lot

10. Since your voice problem started have OTHER people (eg close family) commented that your voice has improved?

- (a) Other people say that my voice has improved a lot
- (b) Other people say that my voice has improved a little
- (c) Other people say that my voice has not improved at all
- (d) Other people say that my voice has got a little worse
- (e) Other people say that my voice has got a lot worse

11. Would you say that the sound of your voice was. . .

- (a) Normal
- (b) Not quite normal
- (c) Mildly abnormal
- (d) Quite abnormal
- (e) Very abnormal

12. How much do you worry about your voice problem now?

- (a) Not at all
- (b) Hardly at all
- (c) Quite a lot
- (d) A good deal
- (e) Almost all of the time

Assign a value of 1 to each (a) answer, a 2 to each (b) answer, and so on.
Total range of scores is therefore 12 (normal) to 60 (very severe dysfunction).

Total Score